**October 2024**

**Coco Espie**

1. How old are you and what school do you go to?
15, SCEGGS Darlinghurst

2. What is your favourite event to participate in and why?
800m and 1500m
The sprint races are too short to use momentum to maintain speed, and the 1500m is hard work!

3. What is your sporting goal?
I am aiming to go to the Paralympics in Brisbane, and hopefully also in LA!

4. What is your proudest sporting moment/achievement?
I won the Oz Day 10k women’s junior category in 2023, and was the overall winner in the Summer Down Under meet, partly due to my amazing 1500m time

 5. What do you love most about competing in sport and being around other para-athletes?
I love the community I get to be part of and being able to compete against other wheelchair racers and para athletes.
I have made an incredible group of friends through athletics who I love racing with and learning from

6. Do you have any hobbies outside of sport?
I love music and singing as well as reading and doing activities with my friends and family.